



**CONFIDENTIAL PATIENT INFORMATION**

Dear Patient: Please complete this questionnaire. Your answers will help us determine if chiropractic care can help you. If we do not sincerely believe your condition will respond satisfactory, we will not accept your case. THANK YOU.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
SS # \_\_\_\_\_ Age: \_\_\_\_\_  
Marital Status: M S W D Home #: \_\_\_\_\_  
Work #: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Cell Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
\_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_  
Who is your Primary Care Physician? \_\_\_\_\_  
PCP Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone #: \_\_\_\_\_

**INSURANCE INFORMATION**

Is this an injury due to:  
 Work Injury  Auto Injury  Sports Injury  Other  
Do you have Major Medical Health Insurance?  Yes  No  
Insurance Carrier: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Insured's Name: \_\_\_\_\_ Relationship to you: \_\_\_\_\_  
Insured's SS #: \_\_\_\_\_  
Insured's Employer: \_\_\_\_\_  
Insured's Work #: \_\_\_\_\_

Do you have a referral from your Primary Care Physician?  Yes  No

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that Gary Cullin, D.C. will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to Gary Cullin, D.C., will be credited to my account on receipt. However, I understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered me will be immediately due and payable.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_  
Guardian/Spouse Signature: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_  
Information taken by: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_

## **LIEN ASSIGNMENT AGREEMENT**

I hereby enter into the following agreement with \_\_\_\_\_, hereinafter known as “the provider” in order to guarantee payment for services rendered by “the provider” to me. I understand that I am directly and fully responsible to “the provider” for all medical bills for services rendered to me. I understand that I am directly and fully responsible to “the provider” for any remaining balance on all medical bills for services rendered to me that were submitted on my behalf to the responsible insurance carrier as applicable. This document further serves to acknowledge my responsibility to repay all remaining balances subsequent to all applicable insurance payments. I agree to make myself available to appear or correspond with “the provider” as often as may be necessary for any collections effort that is undertaken. I have been made aware of the charges for the services rendered under this lien assignment and acknowledge my responsibility for the repayment of all outstanding balances. I further direct that my attorney shall not subsequently dispute these amounts and will contact this office to arrange for full payment at the time a settlement, trial or motion proceed becomes ready for disbursement.

To the extent applicable, I agree to comply with all Insurance Company regulations including, but not limited to examinations under oath and independent medical examinations. I understand that any failure on my part to comply with any condition precedent to insurance coverage, may, at the election of the medical provider, serve to revoke any assignment of No-Fault benefits. The patient herein further acknowledges their responsibility to file a timely notice of claim to the applicable insurance carrier and that any subsequent No Fault claim denied based on the failure to provide a timely notice, at the election of the provider may result in recovery efforts in reliance of the lien.

The Provider agrees to seek compensation from the appropriate insurance carrier prior to invoking the terms of this lien based on the accuracy of the information the patient has provided and to the extent applicable. The patient shall provide all necessary insurance information, police reports, and any additional documentation or information deemed necessary by the provider for the submission of the aforementioned Insurance claim as applicable. Failure to provide accurate insurance information leading to the viable source of coverage may serve to invalidate any executed assignment of No-Fault benefits and result in the reliance on this lien for reimbursement purposes.

I hereby give and grant this lien on my case to “the provider” against any and all proceeds of any settlement, judgement, verdict, or other disposition of any litigation filed or contemplated on my behalf that may be paid to me or my ATTORNEY as a result of the injuries for which I have been treated. I grant “the provider” the aforesaid lien against such sums of the aforesaid settlement, judgement, verdict, or other disposition of any litigation filed or contemplated on my behalf as may be necessary to adequately reimburse “the provider” for services rendered to me and toward all outstanding balances. I hereby agree to provide accurate contact information for the attorney pursuing any litigation on my behalf.

I hereby direct and authorize direct payment to “the provider”, such sums as may be due and owing for medical services rendered to me. I further direct my ATTORNEY to honor the aforesaid lien and to withhold such sums from any settlement, judgement, verdict or other disposition of any litigation filed or contemplated on my behalf as may be necessary to adequately reimburse “the provider” for services rendered to me towards all outstanding balances.

**Patient's Initials:** \_\_\_\_\_

I understand that this document may not be rescinded and that my ATTORNEY shall not honor any such rescission. I hereby instruct that in the event another ATTORNEY is substituted in my care, I direct the substituted attorney to provide the incoming ATTORNEY with a copy of this lien and that I direct any incoming ATTORNEY to honor this lien as inherent to the settlement, judgement, verdict, or other disposition of any litigation field or contemplated on my behalf and enforceable upon the case as if it were executed by him/her. I hereby direct and authorize my attorney, on demand, to provide the status of such litigation to "the provider" or the attorney representing the provider prior to disbursement of any funds to ascertain any outstanding balances due to the provider, herein

---

Patient's Name: \_\_\_\_\_

Patient's Address: \_\_\_\_\_  
\_\_\_\_\_

Dated: \_\_\_ / \_\_\_ / \_\_\_

**Patient's Signature:** \_\_\_\_\_

Patient's Attorney's Name: \_\_\_\_\_

Attorney's Address \_\_\_\_\_  
\_\_\_\_\_

Attorney's Phone Number: \_\_\_\_\_

Attorney Signature: \_\_\_\_\_

Dated: \_\_\_ / \_\_\_ / \_\_\_

**NEW YORK MOTOR VEHICLE NO-FAULT INSURANCE LAW  
ASSIGNMENT OF BENEFITS FORM**

(FOR ACCIDENTS OCCURRING ON AND AFTER 3/1/02)

I, \_\_\_\_\_, ("Assignor") hereby assign to \_\_\_\_\_, ("Assignee")  
(Print patient's name) (Print hospital or health care provider name)  
all rights privileges and remedies to payment for health care services provided by assignee to which I am  
entitled under Article 51 (the No-Fault statute) of the Insurance Law.

The Assignee hereby certifies that they have not received any payment from or on behalf of the Assignor and  
shall not pursue payment directly from the Assignor for services provided by said Assignee for injuries sustained  
due to the motor vehicle accident which occurred on \_\_\_\_\_, not withstanding any other agreement  
(Print accident date)  
to the contrary.

This agreement may be revoked by the assignee when benefits are not payable based upon the assignor's lack  
of coverage and/or violation of a policy condition due to the actions or conduct of the assignor.

ANY PERSON WHO KNOWINGLY AND WITH INTENT TO DEFRAUD ANY INSURANCE COMPANY OR OTHER PERSON  
FILES AN APPLICATION FOR COMMERCIAL INSURANCE OR A STATEMENT OF CLAIM FOR ANY COMMERCIAL OR  
PERSONAL INSURANCE BENEFITS CONTAINING ANY MATERIALLY FALSE INFORMATION, OR CONCEALS FOR THE  
PURPOSE OF MISLEADING, INFORMATION CONCERNING ANY FACT MATERIAL THERETO, AND ANY PERSON WHO,  
IN CONNECTION WITH SUCH APPLICATION OR CLAIM, KNOWINGLY MAKES OR KNOWINGLY ASSISTS, ABETS,  
SOLICITS OR CONSPIRES WITH ANOTHER TO MAKE A FALSE REPORT OF THE THEFT, DESTRUCTION, DAMAGE OR  
CONVERSION OF ANY MOTOR VEHICLE TO A LAW ENFORCEMENT AGENCY, THE DEPARTMENT OF MOTOR  
VEHICLES OR AN INSURANCE COMPANY, COMMITS A FRAUDULENT INSURANCE ACT, WHICH IS A CRIME, AND  
SHALL ALSO BE SUBJECT TO A CIVIL PENALTY NOT TO EXCEED FIVE THOUSAND DOLLARS AND THE VALUE OF  
THE SUBJECT MOTOR VEHICLE OR STATED CLAIM FOR EACH VIOLATION.

\_\_\_\_\_  
(Print name of Patient)

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Date of signature)

\_\_\_\_\_  
(Address of Patient)

Gary Cullin, D.C.

\_\_\_\_\_  
(Print name of Provider)

\_\_\_\_\_  
(Signature of Provider)

193 N. Wellwood Ave

\_\_\_\_\_  
(Date of signature)

Lindenhurst, N.Y. 11757

\_\_\_\_\_  
(Address of Provider)

**NEW YORK MOTOR VEHICLE NO-FAULT INSURANCE LAW  
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THE SUBJECT MOTOR VEHICLE OR STATED CLAIM FOR EACH VIOLATION.

\_\_\_\_\_  
(Print name of Patient)

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_

\_\_\_\_\_  
(Date of signature)

\_\_\_\_\_  
(Address of Patient)

\_\_\_\_\_  
Thomas Bradley, DPT

\_\_\_\_\_  
(Signature of Provider)

\_\_\_\_\_  
193 N. Wellwood Ave

\_\_\_\_\_  
(Date of signature)

\_\_\_\_\_  
Lindenhurst, N.Y. 11757

**NO FAULT INSURANCE INFORMATION**

Patient Name: \_\_\_\_\_

Policyholder Name (if different): \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Claim #: \_\_\_\_\_

Policy #: \_\_\_\_\_

Date of Accident: \_\_\_ / \_\_\_ / \_\_\_

Were you in a company vehicle at the time of an accident? \_\_\_\_\_

**NEW YORK MOTOR VEHICLE NO-FAULT INSURANCE LAW  
APPLICATION FOR MOTOR VEHICLE NO-FAULT BENEFITS**

NAME AND ADDRESS OF INSURER *
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NAME, ADDRESS, AND PHONE NUMBER OF INSURER'S CLAIMS REPRESENTATIVE*
--

DATE	POLICYHOLDER	POLICY NUMBER	DATE OF ACCIDENT	CLAIM NUMBER
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TO ENABLE US TO DETERMINE IF YOU ARE ENTITLED TO BENEFITS UNDER THE NEW YORK NO-FAULT LAW, PLEASE COMPLETE THIS FORM AND RETURN IT PROMPTLY.

- IMPORTANT: 1. TO BE ELIGIBLE FOR BENEFITS YOU MUST COMPLETE AND SIGN THIS APPLICATION.  
2. YOU MUST SIGN ANY ATTACHED AUTHORIZATION(S).  
3. RETURN PROMPTLY WITH COPIES OF ANY BILLS YOU HAVE RECEIVED TO DATE.

NAME AND ADDRESS OF APPLICANT*
--------------------------------

1. YOUR NAME	2. PHONE NOS.	HOME	BUSINESS
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3. YOUR ADDRESS (NO., STREET, CITY OR TOWN AND ZIP CODE)	4. DATE OF BIRTH	5. SOCIAL SECURITY NO.
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6. DATE AND TIME OF ACCIDENT A.M. P.M.	7. PLACE OF ACCIDENT (STREET), CITY OR TOWN AND STATE
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8. BRIEF DESCRIPTION OF ACCIDENT

9. DESCRIBE YOUR INJURY

10. IDENTITY OF VEHICLE YOU OCCUPIED OR OPERATED AT THE TIME OF THE ACCIDENT:

OWNER'S NAME      MAKE      YEAR

THIS VEHICLE WAS:  A BUS OR SCHOOL BUS,       A TRUCK,       AN AUTOMOBILE,  
 OR A MOTORCYCLE

	YES	NO
11. WERE YOU THE DRIVER OF THE MOTOR VEHICLE?	<input type="checkbox"/>	<input type="checkbox"/>
WERE YOU A PASSENGER IN THE MOTOR VEHICLE?	<input type="checkbox"/>	<input type="checkbox"/>
WERE YOU A PEDESTRIAN?	<input type="checkbox"/>	<input type="checkbox"/>
WERE YOU A MEMBER OF OUR POLICYHOLDER'S HOUSEHOLD?	<input type="checkbox"/>	<input type="checkbox"/>
DO YOU OR A RELATIVE WITH WHOM YOU RESIDE OWN A MOTOR VEHICLE?	<input type="checkbox"/>	<input type="checkbox"/>

CONTINUATION ON NEXT PAGE



**APPLICATION FOR MOTOR VEHICLE NO-FAULT BENEFITS - - PAGE TWO**

12. WERE YOU TREATED BY A DOCTOR(S) OR OTHER PERSON(S) FURNISHING HEALTH SERVICES?

YES  NO

IF YES, NAME AND ADDRESS OF SUCH DOCTOR(S) OR PERSON(S):

13. IF YOU WERE TREATED AT A HOSPITAL(S), WERE YOU AN

OUT-PATIENT?  IN-PATIENT?

DATE OF ADMISSION: \_\_\_\_\_

HOSPITAL'S NAME AND ADDRESS: \_\_\_\_\_

14. AMOUNT OF HEALTH  
BILLS TO DATE:

\$ \_\_\_\_\_

15. WILL YOU HAVE MORE HEALTH  
TREATMENT(S)?

YES  NO

16. AT THE TIME OF YOUR ACCIDENT WERE  
YOU IN THE COURSE OF YOUR  
EMPLOYMENT?

YES  NO

17. DID YOU LOSE TIME  
FROM WORK?

YES  NO

DATE ABSENCE FROM  
WORK BEGAN:

HAVE YOU RETURNED TO  
WORK?

YES  NO

IF YES, DATE RETURNED TO WORK: \_\_\_\_\_

AMOUNT OF TIME LOST FROM WORK: \_\_\_\_\_

18. WHAT ARE YOUR GROSS AVERAGE  
WEEKLY EARNINGS?

NUMBER OF DAYS YOU WORK  
PER WEEK:

NUMBER OF HOURS YOU WORK  
PER DAY:

19. WERE YOU RECEIVING UNEMPLOYMENT BENEFITS AT THE TIME OF THE ACCIDENT?

YES  NO

20. LIST NAMES AND ADDRESS OF YOUR EMPLOYER AND OTHER EMPLOYERS FOR ONE YEAR PRIOR TO  
ACCIDENT DATE AND GIVE OCCUPATION AND DATES OF EMPLOYMENT:

EMPLOYER AND ADDRESS	OCCUPATION	FROM	TO

21. AS A RESULT OF YOUR INJURY HAVE YOU HAD ANY OTHER EXPENSES?

YES  NO

IF YES, ATTACH EXPLANATION AND AMOUNTS OF SUCH EXPENSES.

22. DUE TO THIS ACCIDENT HAVE YOU RECEIVED OR ARE YOU ELIGIBLE FOR PAYMENTS  
UNDER ANY OF THE FOLLOWING:

NEW YORK STATE DISABILITY? YES  NO

WORKERS' COMPENSATION? YES  NO

CONTINUATION ON NEXT PAGE



APPLICATION FOR MOTOR VEHICLE NO-FAULT BENEFITS - - PAGE THREE

THE APPLICANT AUTHORIZES THE INSURER TO SUBMIT ANY AND ALL OF THESE FORMS TO ANOTHER PARTY OR INSURER IF SUCH IS NECESSARY TO PERFECT ITS RIGHTS OF RECOVERY PROVIDED FOR UNDER THE NO-FAULT LAW.

THIS FORM IS SUBSCRIBED AND AFFIRMED BY THE APPLICANT AS TRUE UNDER THE PENALTIES OF PERJURY

ANY PERSON WHO KNOWINGLY AND WITH INTENT TO DEFRAUD ANY INSURANCE COMPANY OR OTHER PERSON FILES AN APPLICATION FOR COMMERCIAL INSURANCE OR A STATEMENT OF CLAIM FOR ANY COMMERCIAL OR PERSONAL INSURANCE BENEFITS CONTAINING ANY MATERIALLY FALSE INFORMATION, OR CONCEALS FOR THE PURPOSE OF MISLEADING, INFORMATION CONCERNING ANY FACT MATERIAL THERETO, AND ANY PERSON WHO, IN CONNECTION WITH SUCH APPLICATION OR CLAIM, KNOWINGLY MAKES OR KNOWINGLY ASSISTS, ABETS, SOLICITS OR CONSPIRES WITH ANOTHER TO MAKE A FALSE REPORT OF THE THEFT, DESTRUCTION, DAMAGE OR CONVERSION OF ANY MOTOR VEHICLE TO A LAW ENFORCEMENT AGENCY, THE DEPARTMENT OF MOTOR VEHICLES OR AN INSURANCE COMPANY, COMMITS A FRAUDULENT INSURANCE ACT, WHICH IS A CRIME, AND SHALL ALSO BE SUBJECT TO A CIVIL PENALTY NOT TO EXCEED FIVE THOUSAND DOLLARS AND THE VALUE OF THE SUBJECT MOTOR VEHICLE OR STATED CLAIM FOR EACH VIOLATION.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

DO NOT DETACH

AUTHORIZATION FOR RELEASE OF WORK AND OTHER LOSS INFORMATION

THIS AUTHORIZATION OR PHOTOCOPY THEREOF, WILL AUTHORIZE YOU TO FURNISH ALL INFORMATION YOU MAY HAVE REGARDING MY WAGES, SALARY OR OTHER LOSS WHILE EMPLOYED BY YOU. YOUR ARE AUTHORIZED TO PROVIDE THIS INFORMATION IN ACCORDANCE WITH THE NEW YORK COMPREHENSIVE MOTOR VEHICLE INSURANCE REPARATIONS ACT (NO-FAULT LAW).

\_\_\_\_\_  
NAME (PRINT OR TYPE)

\_\_\_\_\_  
SOCIAL SECURITY NO.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

DO NOT DETACH

AUTHORIZATION FOR RELEASE OF HEALTH SERVICE OR TREATMENT INFORMATION

THIS AUTHORIZATION OR PHOTOCOPY THEREOF, WILL AUTHORIZE YOU TO FURNISH ALL INFORMATION YOU MAY HAVE REGARDING MY CONDITION WHILE UNDER YOUR OBSERVATION OR TREATMENT, INCLUDING THE HISTORY OBTAINED, X-RAYS AND PHYSICAL FINDINGS, DIAGNOSIS AND PROGNOSIS. YOU ARE AUTHORIZED TO PROVIDE THIS INFORMATION IN ACCORDANCE WITH THE NEW YORK COMPREHENSIVE MOTOR VEHICLE INSURANCE REPARATIONS ACT (NO-FAULT LAW).

\_\_\_\_\_  
NAME (PRINT OR TYPE)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

(IF THE APPLICANT IS A MINOR, PARENT OR GUARDIAN SHALL SIGN AND INDICATE CAPACITY AND RELATIONSHIP).

# POST INJURY MVA

Patient Name: First: \_\_\_\_\_ Last: \_\_\_\_\_  
Today's Date: \_\_\_\_\_  
Who is your Attorney? \_\_\_\_\_ Their phone #: \_\_\_\_\_

Date of Accident:  
\_\_\_\_/\_\_\_\_/\_\_\_\_

### Your initial reaction: Where did the pain occur?

Did you lose Consciousness?  
 Yes  No

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> Shocked    | <input type="checkbox"/> Head                                  |
| <input type="checkbox"/> Panicky    | <input type="checkbox"/> Neck                                  |
| <input type="checkbox"/> Nervous    | <input type="checkbox"/> Middle back                           |
| <input type="checkbox"/> Dizzy      | <input type="checkbox"/> Lower back                            |
| <input type="checkbox"/> Confused   | <input type="checkbox"/> L <input type="checkbox"/> R Shoulder |
| <input type="checkbox"/> Frightened | <input type="checkbox"/> L <input type="checkbox"/> R Elbow    |
| <input type="checkbox"/> Shaken     | <input type="checkbox"/> L <input type="checkbox"/> R Wrist    |
| <input type="checkbox"/> Dazed      | <input type="checkbox"/> L <input type="checkbox"/> R Hip      |
|                                     | <input type="checkbox"/> L <input type="checkbox"/> R Knee     |
|                                     | <input type="checkbox"/> L <input type="checkbox"/> R Ankle    |

Were you treated at the scene of the accident via EMS services?  Yes  No

Did you go to the hospital?  Yes  No      Were you transported via ambulance?  Yes  No

Did you go to the Hospital on your own?  Yes  No

If you did go to the Hospital, which one? \_\_\_\_\_

Were X-rays taken?  Yes  No      If yes, what areas of your body were examined? \_\_\_\_\_

### DESCRIBE THE VEHICLE YOU WERE IN:

VEHICLE TYPE \_\_\_\_\_ YEAR \_\_\_\_\_ YOUR POSITION \_\_\_\_\_

### DESCRIBE THE ACCIDENT:

Action of the vehicle you were in: \_\_\_\_\_ Where was the vehicle hit? \_\_\_\_\_ Estimated amount of damage: \_\_\_\_\_

Describe the other vehicle: \_\_\_\_\_ Damage to other vehicle \_\_\_\_\_ Weather conditions \_\_\_\_\_

Road conditions: \_\_\_\_\_ Time of day: \_\_\_\_\_ Visibility? \_\_\_\_\_

### DESCRIBE THE MOMENT OF IMPACT:

Your body position at impact: \_\_\_\_\_

Direction your body was thrown: \_\_\_\_\_

Head position at impact: \_\_\_\_\_

Direction your head was thrown: \_\_\_\_\_

Were you wearing a seatbelt?  Yes  No      Did the airbags deploy?  Yes  No

Did you brace for the impact?  Yes  No      What was the position of your headrest? \_\_\_\_\_

Your Signature: \_\_\_\_\_

## HEADACHE DISABILITY INDEX

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_ Scores Total: \_\_\_\_\_ :E \_\_\_\_\_ :  
 F \_\_\_\_\_

(100) (52) (48)

Instructions: Please CIRCLE the correct response:

1. I have headache: [1] 1 per month [2] more than but less than 4 per month [3] more than one per week  
 2. My headache is: [1] mild [2] moderate [3] severe

Instructions: PLEASE READ CAREFULLY: The purpose of the scale is to identify difficulties that you may be experiencing because of your headache. Please check off “YES”, “SOMETIMES”, or “NO” to each item. Answer each item as it pertains to your headache only.

	YES	SOMETIMES	NO
E1. Because of my headaches I feel handicapped	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F2. Because of my headaches I feel restricted in performing routine daily activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E3. No one understands the effect my headaches have on my life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F4. I restrict recreational activities (sports, hobbies) because of headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E5. My headaches make me angry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E6. Sometimes I feel I am going to lose control because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F7. Because of my headaches, I am less likely to socialize	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E8. My spouse (significant other) or family and friends have no idea what I'm going through because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E9. My headaches are so bad that I think I am going to go insane	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E10. My outlook on the world is affected by my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E11. I am afraid to go outside when I feel that a headache is starting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E12. I feel desperate because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F13. I am concerned that I am paying penalties at work or at home because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E14. My headaches place stress on my relationships with family or friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F15. I avoid being around people when I have a headache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F16. I believe my headaches make it difficult to achieve my goals in life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F17. I am unable to think clearly because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F18. I get tense (muscle tension) because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F19. I do not enjoy social gatherings because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E20. I feel irritable because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F21. I avoid travelling because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E22. My headaches make me feel confused	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E23. My headaches make me feel frustrated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F24. I find it difficult to read because of my headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F25. I find it difficult to focus my attention away from my headaches and on other things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# NECK DISABILITY INDEX

Patient's Name: \_\_\_\_\_

Number: \_\_\_\_\_

Date: \_\_\_\_\_

*This questionnaire has been designed to give the doctor information as to how your neck pain has affected your ability to manage in everyday life. Please answer every section and mark in each section only the ONE box which applies to you. We realize you may consider that two of the statements in any one section relate to you, but please just mark the box which most closely describes your problem.*

## Section 1 – Pain Intensity

- I have no pain at the moment. (0)
- The pain is very mild at the moment. (1)
- The pain is moderate at the moment. (2)
- The pain is fairly severe at the moment. (3)
- The pain is very severe at the moment. (4)
- The pain is the worst imaginable at the moment. (5)

## Section 2 – Personal Care (Washing, Dressing, etc.)

- I can look after myself normally without causing extra pain. (0)
- I can look after myself normally but it causes extra pain. (1)
- It is painful to look after myself and I am slow and careful. (2)
- I need some help but manage most of my personal care. (3)
- I need help every day in most aspects of self care. (4)
- I do not get dressed, I wash with difficulty and stay in bed. (5)

## Section 3 – Lifting

- I can lift heavy weights without extra pain. (0)
- I can lift heavy weights but it gives extra pain. (1)
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table. (2)
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. (3)
- I can lift very light weights. (4)
- I cannot lift or carry anything at all. (5)

## Section 4 – Reading

- I can read as much as I want to with no pain in my neck. (0)
- I can read as much as I want to with slight pain in my neck. (1)
- I can read as much as I want to with moderate pain in my neck. (2)
- I cannot read as much as I want because of moderate pain in my neck. (3)
- I can hardly read at all because of severe pain in my neck. (4)
- I cannot read at all. (5)

## Section 5 – Headaches

- I have no headaches at all. (0)
- I have slight headaches that come infrequently. (1)
- I have moderate headaches which come infrequently. (2)
- I have moderate headaches which come frequently. (3)
- I have severe headaches which come frequently. (4)
- I have headaches almost all the time. (5)

## Section 6 – Concentration

- I can concentrate fully when I want to with no difficulty. (0)
- I can concentrate fully when I want to with slight difficulty. (1)
- I have a fair degree of difficulty in concentrating when I want to. (2)
- I have a lot of difficulty in concentrating when I want to. (3)
- I have a great deal of difficulty in concentrating when I want to. (4)
- I cannot concentrate at all. (5)

## Section 7 – Work

- I can do as much work as I want to. (0)
- I can do my usual work, but no more. (1)
- I can do most of my usual work, but no more. (2)
- I cannot do my usual work. (3)
- I can hardly do any work at all. (4)
- I cannot do any work at all. (5)

## Section 8 – Driving

- I can drive my car without any neck pain. (0)
- I can drive my car as long as I want with slight pain in my neck. (1)
- I can drive my car as long as I want with moderate pain in my neck. (2)
- I cannot drive my car as long as I want because of moderate pain in my neck. (3)
- I can hardly drive at all because of severe pain in my neck. (4)
- I cannot drive my car at all. (5)

## Section 9 – Sleeping

- I have no trouble sleeping. (0)
- My sleep is slightly disturbed (less than 1 hour sleepless). (1)
- My sleep is mildly disturbed (1-2 hours sleepless). (2)
- My sleep is moderately disturbed (2-3 hours sleepless). (3)
- My sleep is greatly disturbed (3-5 hours sleepless). (4)
- My sleep is completely disturbed (5-7 hours sleepless). (5)

## Section 10 – Recreation

- I am able to engage in all my recreation activities with no neck pain at all. (0)
- I am able to engage in all my recreation activities, with some pain in my neck. (1)
- I am able to engage in most, but not all, of my usual recreation activities because of pain in my neck. (2)
- I am able to engage in a few of my usual recreation activities because of pain in my neck. (3)
- I can hardly do any recreation activities because of pain in my neck. (4)
- I cannot do any recreation activities at all. (5)

**Scoring:** Questions are scored on a vertical scale of 0-5. Total scores and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered significant activities of daily living disability.

(Score \_\_\_\_ x2) / (\_\_\_\_Sections x10) = \_\_\_\_ %ADL

PLEASE PLACE AN X IN ONE BOX OF EACH SECTION THAT BEST DESCRIBES HOW YOUR INJURY IS AFFECTING YOUR LIFE.

OSWESTRY REVISED QUESTIONNAIRE

**SECTION 1 – PAIN INTENSITY**

- A. Pain comes and goes and is mild.
- B. Pain is mild and does not vary.
- C. Pain comes and goes and is moderate.
- D. Pain is moderate and does not vary much.
- E. Pain comes and goes and is severe.
- F. Pain is severe and does not vary much.

**SECTION 2 – PERSONAL CARE**

- A. Does not change habits to avoid pain.
- B. Does not change habits/some pain.
- C. Does not change habits/Increases pain.
- D. Changes habits/Increases pain.
- E. Unable to do some personal care without help.
- F. Unable to wash or dress without help.

**SECTION 3 - LIFTING**

- A. Lifts heavy weights with no pain.
- B. Lifts heavy weights with pain.
- C. Cannot lift heavy weights of the floor.
- D. Can lift heavy weights from a table.
- E. Can lift light weights from a table.
- F. Can lift only very light weights.

**SECTION 4 – WALKING**

- A. Pain does not prevent walking.
- B. Cannot walk more than one mile.
- C. Cannot walk more than ½ mile.
- D. Cannot walk more than ¼ mile.
- E. Can walk only with crutches.
- F. Bedridden and must crawl to the toilet.

**SECTION 5 - SITTING**

- A. Can sit in any chair as long as desired.
- B. Can sit only in favorite chair as long as desired.
- C. Can sit no more than 1 hour.
- D. Can sit no more than ½ hour.
- E. Can sit no more than 10 minutes.
- F. Cannot sit at all due to pain.

**SECTION 6- STANDING**

- A. Can stand for an unlimited time without pain.
- B. Some pain standing/doesn't increase with time.
- C. Cannot stand for more than 1 hour.
- D. Cannot stand for more than ½ hour.
- E. Cannot stand more than 10 minutes.
- F. Cannot stand at all.

**SECTION 7 – SLEEPING**

- A. No pain in bed.
- B. Gets pain in bed, but sleep well.
- C. Normal sleep reduced by 1/4.
- D. Normal nights sleep reduced by 1/2
- E. Normal nights sleep reduced by 3/4
- F. Cannot sleep at all due to pain.

**SECTION 8 - TRAVELING**

- A. Travel without pain.
- B. Travel causes some pain, but not made worse.
- C. Causes extra pain/no change in form.
- D. Causes pain/Uses alternate travel.
- E. Pain restricts all forms of travel.
- F. Pain restricts travel except lying down.

**SECTION 9 - SOCIAL**

- A. Normal and causes no pain.
- B. Normal but causes extra pain.
- C. Limits energetic interests.
- D. Pain limits/doesn't go out as often.
- E. Pain restricts social life to home.
- F. Pain restricts all social life.

**SECTION 10-CHANGING DEGREE OF PAIN**

- A. Pain is rapidly improving.
- B. Pain fluctuates but is improving.
- C. Improvement is slow.
- D. Pain level is unchanged.
- E. Pain is gradually worsening.
- F. Pain is rapidly worsening.

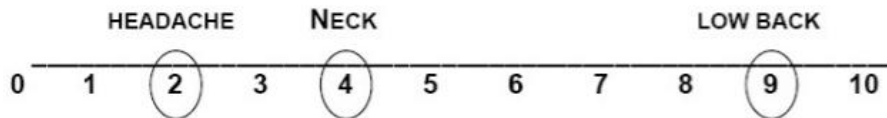
# QUADRUPLE VISUAL ANALOGUE SCALE

Patient's Name: \_\_\_\_\_ Number: \_\_\_\_\_ Date: \_\_\_\_\_

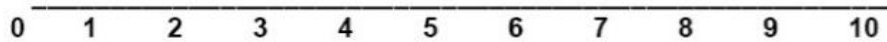
INSTRUCTIONS: Please circle the number that best describes the question being asked.

NOTE: If you have more than one complaint, please answer each question for each individual complaint and indicate which score is for which complaint.

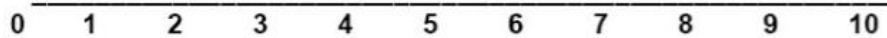
EXAMPLE:



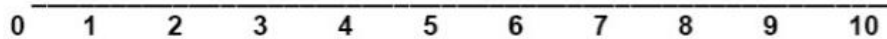
1. What is your pain RIGHT NOW?



2. What is your TYPICAL or AVERAGE pain?

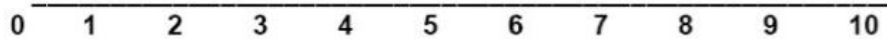


3. What is your pain AT ITS BEST (How close to "0" does your pain get at its best)?



What percentage of your awake hours is your pain at its best? \_\_\_\_\_%

4. What is your pain AT ITS WORST (How close to "10" does your pain get at its worst)?



What percentage of your awake hours is your pain at its worst? \_\_\_\_\_%



Patient's Name: \_\_\_\_\_ Number: \_\_\_\_\_ Date: \_\_\_\_\_

Please be sure to fill this form out extremely accurately. Mark the area(s) on your body where you feel the described sensation(s). Use the appropriate symbol(s). Mark areas of radiating pain, and include all affected areas. You may draw on the face as well.

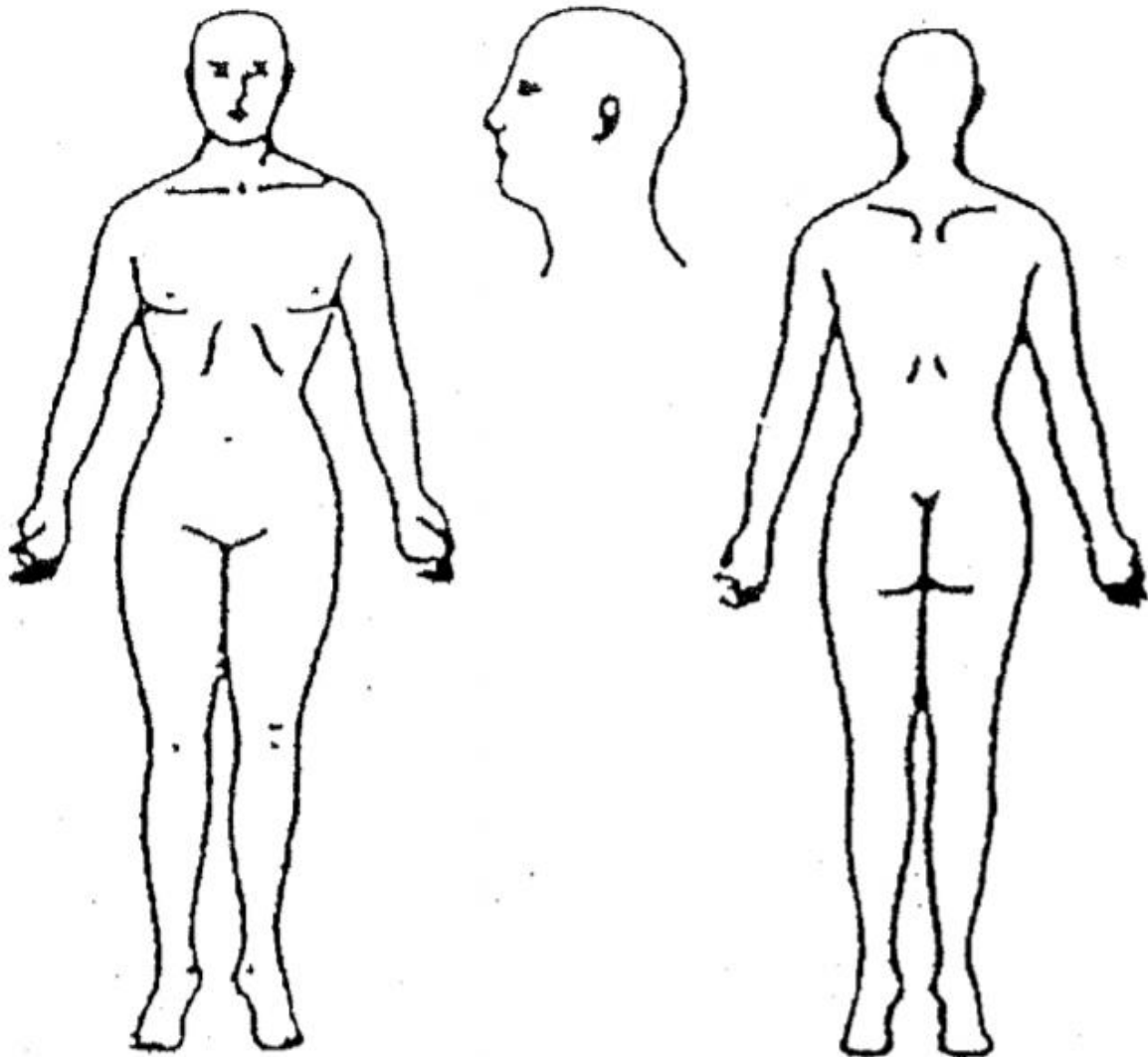
ACHES = ^^^^

PINS/NEEDLES = . . . .

STABBING = /////

NUMBNESS = °°°°

BURNING = XXXX





Please list all prescription or non-prescription medications you are currently taking:

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Do you smoke? \_\_\_\_\_

Right or left hand dominant? \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

Have you ever had any prior motor vehicle collision or injury? If so, please briefly explain:

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Are you currently working? If so, what is your job title and what types of movements are required of you?

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Please state your current health conditions and history of health: \_\_\_\_\_

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Have you received care from another health care provider/facility for your injury? \_\_\_\_\_

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I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of massage therapy physiotherapy and diagnostic procedures, including various modes of massage therapy, physiotherapy and diagnostic X-rays and diagnostic testing, on me (or on the patient names below, for whom I am legally responsible) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future work at the clinic or office listed below or any other office or clinic.

I have had an opportunity to discuss with the Doctor of Chiropractic name below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgement during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest.

I have read, or have had read to me, the above consent. I have also has an opportunity to ask questions about its content, and by signing below I agree to the above-names procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Witness Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_